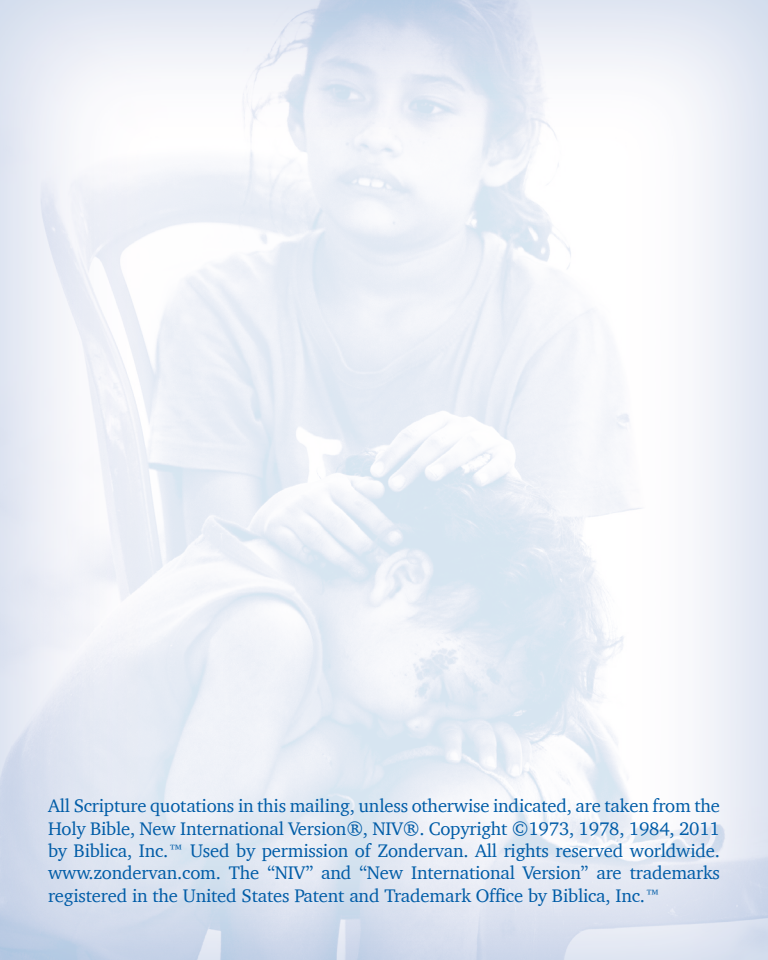




2023

*Lenten Calendar*



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*Jesus Christ  
sacrificed Himself  
so we may have  
eternal life.*



Thank you for walking with Jesus and  
listening to His word and applying  
it in your personal life as you share  
His love with impoverished families.

## DAY 1

***Ash Wednesday, February 22, 2023***

Gospel Reading: Matthew 6:1-6, 16-18

*“Be careful not to practice your righteousness in front of others to be seen by them.”*

*(Matthew 6:1)*

### ***My Offering to God:***

I will honor Christ by doing a kind deed  
for a stranger without telling anyone.

## DAY 2

***Thursday, February 23, 2023***

Gospel Reading: Luke 9:22-25

*“Then He said to them all: ‘Whoever wants to be My disciple must deny themselves and take up their cross daily and follow Me.’” (Luke 9:23)*

### ***My Offering to God:***

I will follow Jesus  
by turning my life over to Him.



## DAY 3

***Friday, February 24, 2023***

Gospel Reading: Matthew 9:14-15

*“The time will come when the bridegroom will be taken from them; then they will fast.”*

*(Matthew 9:15)*

### ***My Offering to God:***

I will fast today to understand  
Christ's sacrifice.

## DAY 4

***Saturday, February 25, 2023***

Gospel Reading: Luke 5:27-32

*“‘Why do you eat and drink with tax collectors and sinners?’ Jesus answered them, ‘It is not the healthy who need a doctor, but the sick.’” (Luke 5:30-31)*

### ***My Offering to God:***

I will share Christ's love  
with someone in need.

# ***Weekly Reflection***

Grow closer to the Lord by giving to others  
and sharing yourself with those who need you.



**DAY 5**

***First Sunday of Lent, February 26, 2023***

Gospel Reading: Matthew 4:1-11

*“Man shall not live on bread alone, but on every  
word that comes from the mouth of God.”*

*(Matthew 4:4)*

***My Offering to God:***

Today, I will read my Bible  
and reflect on God’s word.

## DAY 6

**Monday, February 27, 2023**

Gospel Reading: Matthew 25:31-46

*"For I was hungry and you gave Me something to eat,  
I was thirsty and you gave Me something to drink, I  
was a stranger and you invited Me in." (Matthew 25:35)*

### **My Offering to God:**

I will let my love overflow  
in generosity toward my neighbor.

## DAY 7

**Tuesday, February 28, 2023**

Gospel Reading: Matthew 6:7-15

*"For if you forgive other people when they sin against  
you, your heavenly Father will also forgive you."  
(Matthew 6:14)*

### **My Offering to God:**

As God our Father forgives me when I sin,  
I will forgive others who wrong me.



## DAY 8

**Wednesday, March 1, 2023**

Gospel Reading: Luke 11:29-32

*“For they repented at the preaching of Jonah; and now something greater than Jonah is here.”*

*(Luke 11:32)*

### ***My Offering to God:***

I will pray today and thank God  
for the strength He gives me.

## DAY 9

**Thursday, March 2, 2023**

Gospel Reading: Matthew 7:7-12

*“So, in everything, do to others  
what you would have them do to you.”*

*(Matthew 7:12)*

### ***My Offering to God:***

I will put aside my own wants  
and tend to the needs of others.



## DAY 10

***Friday, March 3, 2023***

Gospel Reading: Matthew 5:20-26

*“First go and be reconciled to them;  
then come and offer your gift.”*

*(Matthew 5:24)*

***My Offering to God:***

I will forgive someone  
who wronged me.

## DAY 11

***Saturday, March 4, 2023***

Gospel Reading: Matthew 5:43-48

*“But I tell you, love your enemies  
and pray for those who persecute you.”*

*(Matthew 5:44)*

***My Offering to God:***

I will pray for those whom I do not get along with,  
that I may share Christ's love and forgiveness.

# ***Weekly Reflection***

Rely more on God through your prayer,  
fasting and generosity toward those in need.



**DAY 12**

***Second Sunday of Lent, March 5, 2023***

Gospel Reading: Matthew 17:1-9

*“For those who exalt themselves will be humbled,  
and those who humble themselves will be exalted.”*

*(Matthew 23:12)*

***My Offering to God:***

I will be humble in sharing the love  
of Christ with others, putting Him first.

## DAY 13

***Monday, March 6, 2023***

Gospel Reading: Luke 6:36-38

*“Be merciful, just as  
your Father is merciful.”  
(Luke 6:36)*

***My Offering to God:***

I will be merciful and not judge others  
to reflect God's love.

## DAY 14

***Tuesday, March 7, 2023***

Gospel Reading: Matthew 23:1-12

*“The greatest among you  
will be your servant.”  
(Matthew 23:11)*

***My Offering to God:***

I will show others my love for Christ  
through my actions instead of mere words.



## DAY 15

**Wednesday, March 8, 2023**

Gospel Reading: Matthew 20:17-28

*“Just as the Son of Man did not come to be served, but to serve, and to give His life as a ransom for many.” (Matthew 20:28)*

### **My Offering to God:**

I will thank God for the ultimate sacrifice Jesus gave when He died for our sins.

## DAY 16

**Thursday, March 9, 2023**

Gospel Reading: Luke 16:19-31

*“At his gate was laid a beggar named Lazarus, covered with sores and longing to eat what fell from the rich man’s table.” (Luke 16:20-21)*

### **My Offering to God:**

I will share my blessings with the hungry.



## DAY 17

***Friday, March 10, 2023***

Gospel Reading: Matthew 21:33-43, 45-46

*“The stone the builders rejected has become the cornerstone; the Lord has done this, and it is marvelous in our eyes.” (Matthew 21:42)*

### ***My Offering to God:***

I will contemplate God's plan  
for my life and accept His divine will.

## DAY 18

***Saturday, March 11, 2023***

Gospel Reading: Luke 15:1-3, 11-32

*“But we had to celebrate and be glad, because this brother of yours was dead and is alive again; he was lost and is found.” (Luke 15:32)*

### ***My Offering to God:***

I will embrace those who lost the Lord  
and need to find Him again.

# ***Weekly Reflection***

Pause for a moment to recognize the solemn beauty of the Lenten season.



**DAY 19**

***Third Sunday of Lent, March 12, 2023***

Gospel Reading: John 4:5-42

*“Indeed, the water I give them will become in them  
a spring of water welling up to eternal life.”*

*(John 4:14)*

***My Offering to God:***

Today, I thank Jesus for His gift of eternal life.

## DAY 20

**Monday, March 13, 2023**

Gospel Reading: Luke 4:24-30

*“Truly I tell you,’ He continued, ‘no prophet is accepted in his hometown.’”*

*(Luke 4:24)*

### ***My Offering to God:***

If I feel anger, I will pray for calmness in my heart and the grace to speak God’s truth.

## DAY 21

**Tuesday, March 14, 2023**

Gospel Reading: Matthew 18:21-35

*“Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?”  
Jesus answered, ‘I tell you, not seven times, but seventy-seven times.’” (Matthew 18:21-22)*

### ***My Offering to God:***

I will not bear grudges against those who wronged me and instead I will bear witness to Jesus.



## DAY 22

**Wednesday, March 15, 2023**

Gospel Reading: Matthew 5:17-19

*“Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them.” (Matthew 5:17)*

### **My Offering to God:**

I will love my neighbor as Jesus wants me to  
and carry His love in my heart.

## DAY 23

**Thursday, March 16, 2023**

Gospel Reading: Luke 11:14-23

*“Whoever is not with Me is against Me,  
and whoever does not gather with Me scatters.”  
(Luke 11:23)*

### **My Offering to God:**

I will stand with Jesus and be strong in my faith in Him.



## DAY 24

***Friday, March 17, 2023***

Gospel reading: Mark 12:28-34

*“Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.” (Mark 12:30)*

### ***My Offering to God:***

I will share God's love with others  
through my actions.

## DAY 25

***Saturday, March 18, 2023***

Gospel Reading: Luke 18:9-14

*“For all those who exalt themselves will be humbled,  
and those who humble themselves will be exalted.”  
(Luke 18:14)*

### ***My Offering to God:***

I will perform an act of service today.

# ***Weekly Reflection***

This week, I will refresh someone who may feel  
less than worthy in God's eyes



**DAY 26**

***Fourth Sunday of Lent, March 19, 2023***

Gospel Reading: John 9:1-41

*“One thing I do know.  
I was blind but now I see!”  
(John 9:25)*

***My Offering to God:***

I will spend time alone with God in prayer today.

## DAY 27

**Monday, March 20, 2023**

Gospel Reading: Matthew 1:16, 18-21, 24

*“Why were you searching for me?’ He asked. ‘Didn’t you know I had to be in my Father’s house?’”*

*(Luke 2:49)*

### **My Offering to God:**

I will listen when Jesus calls me to find  
Him in faith, trust and eternal life.

## DAY 28

**Tuesday, March 21, 2023**

Gospel Reading: John 5:1-16

*“Then Jesus said to him, ‘Get up! Pick up your mat and walk.’ At once the man was cured; he picked up his mat and walked.” (John 5:8-9)*

### **My Offering to God:**

I will remember that Jesus  
is compassionate to us in our misery.



## DAY 29

**Wednesday, March 22, 2023**

Gospel Reading: John 5:17-30

*“By myself I can do nothing; I judge only as I hear, and My judgment is just, for I seek not to please Myself but Him who sent Me.” (John 5:30)*

### **My Offering to God:**

I bring glory to God by  
walking in faith with Jesus.

## DAY 30

**Thursday, March 23, 2023**

Gospel Reading: John 5:31-47

*“For the works that the Father has given Me to finish—the very works that I am doing—testify that the Father has sent Me.”  
(John 5:36)*

### **My Offering to God:**

I will strengthen my faith and commitment  
by studying the words and deeds of Jesus.



## DAY 31

***Friday, March 24, 2023***

Gospel reading: John 7:1-2, 10, 25-30

*“At this they tried to seize Him, but no one laid a hand on Him, because His hour had not yet come.”*

*(John 7:30)*

### ***My Offering to God:***

I will allow God to give me a fresh perspective  
and new life through Jesus Christ.

## DAY 32

***Saturday, March 25, 2023***

Gospel Reading: Luke 1:26-38

*“For no word from God  
will ever fail.”*

*(Luke 1:37)*

### ***My Offering to God:***

Today, no matter what situation I find myself in,  
I will trust that God will work things out for the best.

# ***Weekly Reflection***

I will respond to challenging situations  
I find myself in by having faith in God.



**DAY 33**

***Fifth Sunday of Lent, March 26, 2023***

Gospel Reading: John 11:1-45

*“When He had said this, Jesus called  
in a loud voice, ‘Lazarus, come out!’  
The dead man came out ...”*

*(John 11:43-44)*

***My Offering to God:***

I will reflect on the authority of God’s words.

## DAY 34

***Monday, March 27, 2023***

Gospel Reading: John 8:1-11

*“Let any one of you who is without sin  
be the first to throw a stone at her.”*

*(John 8:7)*

### ***My Offering to God:***

I will put down my stone and embrace people  
who need Christ's love just as I do.

## DAY 35

***Tuesday, March 28, 2023***

Gospel Reading: John 8:21-30

*“... I do nothing on My own,  
but I say only what the Father taught Me.”*

*(John 8:28)*

### ***My Offering to God:***

Today, I will praise our Lord Jesus  
for His obedience and love.



## DAY 36

**Wednesday, March 29, 2023**

Gospel Reading: John 8:31-42

*“If you hold to My teaching, you are really My disciples. Then you will know the truth, and the truth will set you free.” (John 8:31-32)*

### ***My Offering to God:***

I will continue in God's Word and experience the freedom He promises.

## DAY 37

**Thursday, March 30, 2023**

Gospel Reading: John 8:51-59

*“... I do know Him and obey His word.”  
(John 8:55)*

### ***My Offering to God:***

I will allow Jesus to use me to bring more people to Him.



## DAY 38

***Friday, March 31, 2023***

Gospel Reading: John 10:31-42

*“And in that place many believed in Jesus.”  
(John 10:42)*

### ***My Offering to God:***

I will make a difference  
in the lives of those around me.

## DAY 39

***Saturday, April 1, 2023***

Gospel Reading: John 11:45-56

*“... he prophesied that Jesus would die for the Jewish nation, and not only for that nation but also for the scattered children of God, to bring them together and make them one.” (John 11:51-52)*

### ***My Offering to God:***

Jesus came to die for us all and I will share  
His good news with those who feel forgotten.

# ***Weekly Reflection***

Remember that God's mercy is open wide.  
Live joyfully in His presence.



**DAY 40**

***Palm Sunday, April 2, 2023***

Gospel Reading: Matthew 26:14-27:66

*“... My Father, if it is possible, may this cup be taken from Me. Yet not as I will, but as You will.”*

*(Matthew 26:39)*

***My Offering to God:***

I believe that God has a plan for me,  
and I will pray for His will in my life.

## DAY 41

**Monday, April 3, 2023**

Gospel Reading: John 12:1-11

*“Then Mary took about a pint of pure nard, an expensive perfume; she poured it on Jesus’ feet and wiped His feet with her hair ...” (John 12:3)*

### **My Offering to God:**

I will show my thankfulness to the Lord  
by offering Him my devotion.

## DAY 42

**Tuesday, April 4, 2023**

Gospel Reading: John 13:21-33, 36-38

*“Very truly I tell you, before the rooster crows,  
you will disown Me three times!”  
(John 13:38)*

### **My Offering to God:**

I will face the challenges of life and faith  
by remaining in your presence, Lord.



## DAY 43

**Wednesday, April 5, 2023**

Gospel Reading: Matthew 26:14-25

*“Truly I tell you, one of you will betray Me.”*

*(Matthew 26:21)*

### ***My Offering to God:***

This Easter, I will choose Jesus  
just as He has chosen me.

## DAY 44

**Thursday, April 6, 2023**

Gospel Reading: John 13:1-15

*“You call Me ‘Teacher’ and ‘Lord,’ and rightly so,  
for that is what I am. Now that I, your  
Lord and Teacher, have washed your feet,  
you also should wash one another’s feet.”*

*(John 13:13-14)*

### ***My Offering to God:***

Today, I will examine my heart and actions to be sure  
they are in line with Christ’s teachings.

## DAY 45

***Friday, April 7, 2023***

Gospel Reading: John 18:1-19:42

*“... Jesus said, ‘It is finished.’ With that, He bowed His head and gave up His spirit.”  
(John 19:30)*

### ***My Offering to God:***

I will honor Christ's sacrifice by living a life of purpose, focus and obedience.

## DAY 46

***Saturday, April 8, 2023***

Gospel Reading: Matthew 28:1-10

*“... Do not be afraid, for I know that you are looking for Jesus, who was crucified. He is not here; He has risen, just as He said.” (Matthew 28:5-6)*

### ***My Offering to God:***

Today, I will not be afraid because victory is ours in Jesus Christ.

# ***Weekly Reflection***

We do not need to be afraid  
because Jesus Christ is Lord.



**DAY 47**

***Easter Sunday, April 9, 2023***

Gospel Reading: John 20:1-9

*“They still did not understand from Scripture that  
Jesus had to rise from the dead.”  
(John 20:9)*

***My Offering to God:***

I will praise God because Jesus is alive!





***Jesus  
is risen,  
the victory  
is won!***





# *Thank You*

Happy Easter! Thank you for celebrating the joy of the Resurrection with us. We are deeply grateful for your prayers and sacrificial gift to help our brothers and sisters in need.



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B1, B2, Q1, Q2