

MESSAGES OF

H O P E

FALL 2026

FOOD FOR THE POOR



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ANGELS OF HOPE

CHILD SPONSORSHIP PROGRAM

foodforthe poor.org/angels of hope



A NOTE FROM THE DIRECTOR



Dear Friends,

As night settles over our Angels Of Hope-supported homes, children finish their day with familiar routines — getting ready for bed, sharing quiet moments, and offering prayers before sleep. These simple moments remind us that every child deserves to feel safe, cared for, and hopeful about tomorrow. Because of your faithful support, you are helping make that sense of security possible.

Your generosity reaches far beyond meeting everyday needs. It brings greater stability and surrounds each child with the care, encouragement, and opportunities needed to grow and thrive. Your support is a meaningful part of creating a place where children can simply experience the comfort and security of being cared for.

As you enjoy the stories and photos in this newsletter, I hope you feel especially connected to the children whose lives you touch. May this glimpse into their bedtime routines remind you that your kindness is woven into their everyday lives — from the promise of a new day to the quiet moments when they lay down to sleep. Thank you for standing faithfully beside these precious children.

May the Lord bless you and your family.

To God be the glory!

In His service,

A handwritten signature in blue ink that reads "Leann".

Leann Chong
Director
Angels Of Hope Child Sponsorship

Share Something Special



A letter or photograph can become a treasured reminder of the special connection between a sponsor and a child.

Is there someone in your life who might enjoy opening their heart to a child through the Angels Of Hope Program?

Share your sponsorship experience with a friend or family member and invite them to learn how they can encourage a child as they grow.

For just \$34 a month they can sponsor a child and start a lifechanging special connection.♥

Tell a Friend About Child Sponsorship

Bedtime

at Angels Of Hope homes

Now I Lay Me Down to Sleep

A familiar bedtime prayer leads us inside Angels Of Hope homes, where children wind down their days with their own nighttime routines.

Just five more minutes ...

There's something wonderfully familiar about bedtime when you're a child. You know it's coming. You may even be tired. But surely there's time for just a few more minutes of fun.

At one of our sponsored children's homes in Guatemala, the girls finish dinner and enjoy 30 minutes of playtime. Then it's time for pajamas and brushing their teeth before prayer and bed.

Camila, 7, and her friend Gabriela 6, two of the home's residents, try to coax extra playtime from one of the Sisters and their primary caregiver.

From Camila: **"Sister, please let me play for just a little longer."**

Gabriela makes her case, too: **"Sister, I want to stay and play with Camila for another five minutes. Please, please!"**

At another home in Guatemala, 6-year-old Milton has found a particularly creative way to stretch out the fun. **"I slide across the bedroom floor and pretend that we are skating."**

In Haiti, Myderlie, 7, and Roodley, 7, have a quieter reason for lingering a little longer. Both enjoy looking at the stars from the terrace of their home. Myderlie thinks about Christmas Day as she looks into the night sky. For Roodley, the stars make him think about God.



Mexico



Haiti

I pray the Lord my soul to keep.

Eventually, playtime ends and the children settle in for the night. At many Angels Of Hope homes, that means taking time to pray.

Their prayers reveal some of the people who are especially close to their hearts.

In Guatemala, Ezequiel, 7, said, **"I pray for my mom every night."**

Camila asks God to care for people living on the streets and her mom. Gabriela prays for the children at her home and the Sisters who care for them.

In Colombia, 6-year-old José thinks about his dad and family when he prays. He also thanks God because he has food and a place to sleep.

And in Mexico, 12-year-old Jimena shared a simple prayer: **"We pray for all our benefactors."**

Roodley in Haiti has someone special in his heart, too. When he prays before going to sleep, he thanks God for the blessings in his life. He is especially grateful to have a sponsor who thinks about him.



Haiti



Haiti



Guatemala



Colombia

Thy love guard me through the night.

Bedtime also brings the familiar comfort of something soft to hug.

In Guatemala, Ezequiel sleeps with *Dragoncito*, or "Little Dragon," a stuffed animal someone gave him during a Sunday visit. Milton has a colorful bunny named Pelunchín.

At another home in Guatemala, Camila and Gabriela sleep with soft stars given to them. **"I like sleeping with the star because I like to hug it,"** Gabriela said.

And in Colombia, José has a nighttime companion with some impressive credentials: Spiderman. **"I like my stuffed animals because they hug me at night and protect me while I sleep. I also have one named Spiderman. I gave him that name because, since he is a superhero, it makes it easier for him to protect me."**

Sometimes, comfort comes from a caring person nearby. At one home in Guatemala, many children ask the Sister for a hug before going to sleep. Some of the younger children like having her sit at the edge of the bed until they fall asleep.

And wake me with the morning light.

At a home in Colombia, bedtime rituals begin quieting down around 7:30 p.m. The girls settle onto mats in a calming atmosphere with pleasant aromas and relaxing music. A favorite story is read to them before they begin meditation, yoga, and relaxation time. Before the routine ends, some of the girls reflect on their day. Then, around 8 p.m., it's time for bed.

Across Angels Of Hope homes, another day has come to an end. The last few minutes of play are over and bedtime prayers have been whispered.

Little by little, children settle beneath their covers, surrounded by the loving care that makes a peaceful good night possible.

And with morning light, a brand-new day begins.♥

"In peace I will lie down and sleep, for you alone, LORD, make me dwell in safety." (Psalm 4:8, NIV)



Guatemala

TWO ANGELS WITH A HEART FOR CHILDREN

For celebrated mother-daughter duo Angélica María and Angélica Vale, helping children through the Angels Of Hope Program became a personal commitment close to their hearts. Beloved entertainers Angélica María and Angélica Vale have touched audiences throughout Latin America during their remarkable careers. Their warmth and love for children also led them to a special role with Food For The Poor as Angel Ambassadors for the Angels Of Hope Program.

The mother and daughter sponsor several children through Angels Of Hope. And it was this personal connection to sponsorship that inspired them to advocate for children in need throughout Latin America and the Caribbean.

On September 25, the Angélicas joined Food For The Poor President and CEO, Ed Raine, to host Angels Among Us, a special evening at Bodega Malbec in Los Angeles.

Guests heard firsthand accounts of the Angélicas' experiences with Food For The Poor and what inspired their involvement with Angels Of Hope. For Angélica María and Angélica Vale, the partnership reached beyond lending their names to a cause.

"We're proud to be part of Food For The Poor," said Angélica María. "It's a cause close to our hearts and one that will truly change the lives of so many little ones."

Their involvement has helped share the heart of Angels Of Hope with others and shine a light on the children at the center of the Program. ❤️



From left, Angélica María, Angélica Vale, and Food For The Poor President and CEO Ed Raine share a special moment at the Angels Among Us event in Los Angeles, where Raine presented the Angélicas with an award honoring their role as ambassadors for Food For The Poor's Angels Of Hope Program.

“We're proud to be part of Food For The Poor. It's a cause close to our hearts and one that will truly change the lives of so many little ones.”

— Angélica María

